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Xanax is the trade name for alprazolam, an anti-anxiety drug that is classified as a benzodiazepine. Not quite a disease, or even a pathology, low-grade anxiety is more like a habit. This drug binds to receptor cells in the central nervous system that respond to GABA, a brain chemical that makes you feel calm, contented and drowsy. This group of drugs includes other popular medications like Ativan lorazepam, Valium diazepam, and Klonopin clonazepam. Skip to content, or skip to search. Patients with a history of severe depression or suicidal behavior may experience a worsening of their symptoms and an increased risk of suicide if they take Xanax. Previous 1 2 3 4 5 6 7 Next. Mar 26, issue of New York Subscribe! Xanax can help prevent panic attacks, enabling users to lead more productive, fulfilling lives. In a study published in the Archives of General Psychiatry, patients with panic disorder took alprazolam for three weeks to manage phobic behaviors, social avoidance and general anxiety. Black Bear Lodge offers recovery programs for Xanax addiction in a safe, serene setting in the foothills of northern Georgia. Xanax is prescribed for the following conditions: This makes it an effective tool for treating anxiety-related disorders. Jump to Talking to Your Doctor or Psychiatrist - Talk to your regular doctor about your anxiety. Sometimes anxiety can actually be a symptom of some other illness. Therefore, your doctor should check you out first. For instance, psychological symptoms can be a symptom of a neurological problem. They can also be the. Nov 14, - Xanax (alprazolam) is a Schedule IV medication (Controlled Substances Act). It requires a prescription to obtain it legally. GPs / Family doctors are allowed to prescribe it, as are Psychiatrists. That said, some doctors (myself included) choose How to get my psychiatrist to prescribe me Xanax. Apr 23, - dont rant to me how addictive it is, ok i know i need it i get severe panic attacks i heard it works i tried something else thats for anxiety and depression it dont work just tell me what to say to my doc i am goin to a new one tomorrow what do i say cant just be like yo doc i need xanax i get panic attacks please What type of doctor should I visit for Xanax? Hey I appreciate the response, quick question: At the university I go to, they offer free 1 on 1 sessions with a trained psychologist/therapist, do you have any idea if psychologists/therapists have the power to prescribe anti-anxiety medications like xanax or klonopin; or would i have to see a psychiatrist for. Apr 10, - To assure safe and effective use of benzodiazepines, all patients prescribed alprazolam should be provided with the following guidance. In addition, panic disorder patients, for whom higher doses are typically prescribed, should be advised about the risks associated with the use of higher doses. ?Pharmacology ?Warnings ?Precautions ?Drug Interactions. JANITA ARDIS M.D. Psychiatry. Claims Filled OKLAHOMA CITY Oklahoma JACK BROWN MD, DPM Family Medicine. Claims Filled SAND SPRINGS Oklahoma THOMAS SALYER D.O. Family Medicine. Claims Filled IDABEL Oklahoma ALAN HASEGAWA MD Psychiatry. Claims Filled TULSA. Feb 23, - As a psychiatric nurse practitioner, a never start a patient on xanax either. I will continue their existing prescription, but warn them about the risks. The addictive part is problematic, and often when I try to get them off the xanax by switching to a longer acting benzodiazepine (preferably clonazepam), it's often. Ok, well what's the difference between a psychologist and a psychiatrist? So, I'm guessing that Xanax is prescribed for Anxiety not depression. So, I just have to tell him that I'm always nervous about everything? Can I tell him stuff like, whenever I talk to anybody I get nervous crazy like, etc.. etc.. Whenever. A psychiatrist who can prescribe would be a good option if a GP wont do it, but it can work out pretty damn expensive. I reccomend you continue psychiatric treatment of some kind and maybe look into Cognitive Behavioural Therapy, Xanax probably wont solve your anxiety issues forever unfortunately. Dec 7, - In this article, we will explain why Xanax is used, potential side effects, and relevant warnings. Fast facts on Xanax: Xanax (alprazolam) is the single most prescribed psychiatric medication in the U.S.; Xanax is a member of the benzodiazepine family of drugs and is primarily used to treat anxiety and panic.